

"All I can think is how one minute the floor was there and now it's not. How could you go through an entire day, every day, not thinking about the floor or the ground because you just assume it will always be there. Until it isn't."

If I had to sum *Breathless* up in just one word, it would be - relatable. There are many moving parts and layers of emotions to Claude's story, all entwined with the worries and feelings of an 18 year old. For me, my floor fell out from under me in much the same way as Claude; I was a teenager when I too was sat down and told by one parent that they were separating, not a new decision, but one they had waited until after my school exams to tell me. Unlike Claude, I did not go to a remote island with no cell service or wifi after hearing this news, but I am pleased Claude did as her story is one full of growing, learning and self discovery.

Jennifer Niven has described that floor-less feeling so well in Claude's journey of her world being turned upside down, changed, and coming to terms with what this now means for her and her life ahead. The emotion of all the characters was raw and real. I found it difficult to not fall in love with one of the characters from the island alongside Claude!

A moving story of love, laughter and loneliness, the sadness of a parents separation - even as a near adult, everything you have ever known to not be now, a story of falling in love, becoming closer to womanhood, loss of virginity, allowing someone else a piece of your heart and discovery of self. I raced through this book, not wanting to put it down, my heart in my throat the entire time.

- **Kylie (@girlwithhernoseinabook)**