Jamie Oliver Illustrated by Mónica Armiño

Billy and GAMAdventure

Hot chocolate

spiked with cinnamon

Serves 8

Total time: 10 minutes

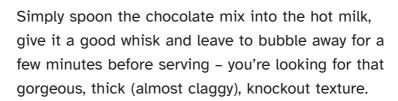
2 pints of semi-skimmed milk

HOT CHOCOLATE MIX

- 2 tablespoons Horlicks
- 2 tablespoons cornflour
- 3 tablespoons icing sugar
- 4 tablespoons quality cocoa powder
- 1 pinch of ground cinnamon

100g quality dark chocolate (70%)

- 1. Pour the milk into a large pan, and bring almost to the boil over a medium heat.
- 2. Meanwhile, add all the chocolate mix ingredients to a large jar, finely grating in the chocolate, then give it a good shake to combine.
- 3. You need around 10 heaped tablespoons of the chocolate mix for this amount of milk.



NUTRITION: 165kcal, 6.8g fat (4.1g saturated), 6.2g protein, 21.4g carbs, 19.1g sugar, 0.4g fibre, 0.3g salt



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