



Penguin  
Random House  
Australia & New Zealand

# London Book Fair

## Rights Guide

### 2022

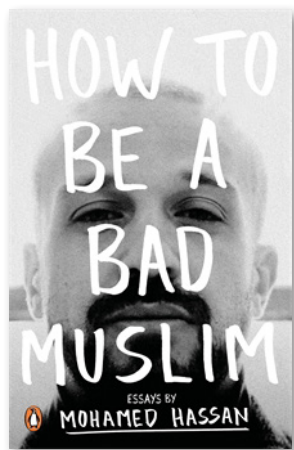
## Non-Fiction Frontlist

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## HOW TO BE A BAD MUSLIM

**Mohamed Hassan**

May 2022

Penguin New Zealand

288pp (135mm x 210mm)

Rights Held: World

**Funny, elegiac and chilling, these essays from award-winning New Zealand writer Mohamed Hassan blend storytelling, memoir and non-fiction to map the experience of being Muslim in the 21st Century.**

This is the breakout non-fiction book from award-winning New Zealand writer Mohamed Hassan.

From Cairo to Takapuna, Athens to Istanbul, *How To Be A Bad Muslim* maps the personal and public experience of being Muslim through essays on identity, Islamophobia, surveillance, migration and language.

Traversing storytelling, memoir, journalism and humour, Hassan speaks authentically and piercingly on mental health, grief and loss, while weaving memories of an Egyptian immigrant fighting childhood bullies, listening to life-saving '90s grunge and auditioning for vaguely-ethnic roles in a certain pirate movie franchise.

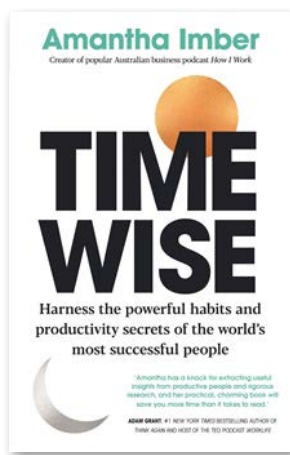
At once funny and chilling, elegiac and eye-opening, this is a must-read book from a powerfully talented writer.

### Sales Points

- Authentic first-person insight into what it means to be Muslim in the 21st Century from a powerful new voice - Mohamed is a ridiculously talented millennial writer, poet, journo, podcaster and presenter.
- Mohammed is a journalist who has covered the Arab Spring, the Sydney Siege (Mohamed was there and reported on it) and the Christchurch massacres and their aftermath. This book shares his experiences of these events and growing up in the shadow of 9/11.
- Funny as well as powerful.
- The title plays on the impossible paradox faced by people like Mohamed, that a "good" Muslim in Muslim eyes looks and acts like a Muslim. But a "good" Muslim in Western eyes looks and acts Western.



MOHAMED HASSAN is an award-winning poet, journalist, podcaster and producer from Auckland and Cairo. He is the author of the anthology *National Anthem* (Dead Bird Books, 2020), which was shortlisted for the Ockham NZ Book Awards in 2020, and was the 2015 NZ National Slam Champion. His poems have been shared widely online, and are taught in hundreds of schools internationally. He has toured his work across New Zealand, Australia, the US and UK, at TEDx and at the Cheltenham Literature Festival, and he represented NZ at the Individual World Poetry Slam in 2016. Hassan was nominated for an Online Media Award in 2018 for his work covering the Israel/Palestine conflict, and his RNZ podcast *Public Enemy* was awarded the Gold Trophy at the 2017 New York Festivals Radio Awards. Photo Credit © Mohamed Hassan

**TIME WISE****Amantha Imber**

July 2022

Penguin Life Australia

320pp (153mm x 234mm)

Rights Held: World

**'Time Wise is a must-read for anyone who feels like there are not enough hours in the day. This book will transform how you approach your workday.' - Greg McKeown, New York Times Bestselling author of *Effortless and Essentialism***

Dominate your day and level up your life, using the secrets and habits of highly effective people. A practical guide from the behavioural scientist behind the #1 ranking Australian business podcast *How I Work*.

Learn how to become time wise using the hacks that high achievers rely on to accomplish more than the average person - so you can do your best work *and* have fun while doing it.

Organisational psychologist Dr Amantha Imber has interviewed more than 150 bestselling authors, musicians, entertainers, entrepreneurs and business leaders for her podcast, *How I Work*, to get inside their heads and understand the routines and rituals that enable them to achieve their purpose.

Three years and over 3 million podcast downloads later, she has uncovered a wealth of proven strategies that anyone can adopt to improve their productivity, work and lifestyle - whether you are a CEO, working parent, small business owner or university student.

In this clear and value-packed book, Amantha brings together all the gems she's learned from her conversations with guests including Adam Grant, Dan Pink, Cal Newport, BJ Fogg and Gretchen Rubin, to name just a few.

Covering energy, structure, decision-making, self-talk, digital distractions and more, Amantha's practical and research-backed guide will allow you to shortcut your way to achieving more in less time, with less stress and greater joy.

DR AMANTHA IMBER is an organisational psychologist and founder of behavioural science consultancy Inventium. Amantha is also the host of the number one ranking business podcast *How I Work*, which has had over 3 million downloads, where she interviews some of the world's most successful people about their habits, strategies and rituals.

In 2019, Amantha was named as one of the *Australian Financial Review's* 100 Women of Influence. In 2021, she won the Thinkers50 Innovation Award (described by the *Financial Times* as the 'Oscars for Management Thinking'), which recognises the thinker who has contributed the most to the understanding of innovation globally over the last two years.

Amantha's thoughts have appeared in *Harvard Business Review*, *Forbes*, *Entrepreneur* and *Fast Company* and she is the author of two bestselling books, *The Creativity Formula* and *The Innovation Formula*. Photo Credit © Fagan Wilcox





## THIS CHANGES EVERYTHING: THE HONEST GUIDE TO PERIMENOPAUSE AND MENOPAUSE

Niki Bezzant

April 2022

Penguin New Zealand

Flexibind – 304pp

Rights held: World

**The no-crap, fact-based guide to perimenopause and menopause for every woman. What's happening, what you can do, and what really works.**

A new and demographically significant generation of women as young as 35 is facing perimenopause and menopause – but not like their mothers or grandmothers did.

We're hungry for information and keen to talk candidly about everything: sex, mental health, self-image, alcohol, how menopause affects our stressful working lives, relationships, fertility and families, and what we can do about it.

Author Niki Bezzant has more than 20 years of experience writing and speaking about health, nutrition, exercise and well-being. In this clear and accessible book, she digests all the latest research and expert advice to share sensible, actionable information on everything from recognising and understanding common symptoms like mood changes, weight gain, low libido, erratic and heavy periods, hot flushes and insomnia, to managing mental health, sexuality and relationships, exercise and lifestyle tips.

She explains which natural and medical treatments actually work and how to get the best help, with a healthy side-serve of calling out sexism, snake-oil and bullshit along the way.

It also includes real talk from hundreds of real women based on the author's wide-ranging online survey and expert information from menopause specialists, endocrinologists and other experts to answer the questions women want answered.

This is a must-have guide to perimenopause, menopause, midlife and beyond for every woman.

**'Like striking gold. Enlightening, enriching, empowering. An essential book for a life-changing time.'** – Sarah Connor, *Menopause Over Martinis*

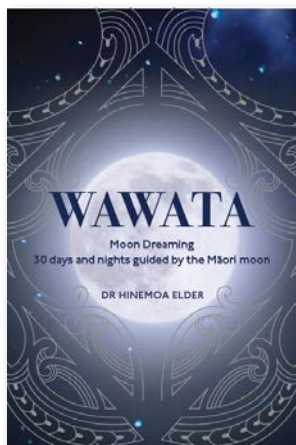
**'This book gives you the knowledge and power to make the right decisions for you. A must-read for any woman over the age of 35.'** – Dr. Megan Ogilvie, reproductive endocrinologist



NIKI BEZZANT is a multi-award-winning writer and commentator who has made her career from a passion for food, health, nutrition, food culture, marketing and policy. Currently the editor of *Thrive* magazine, Niki has been involved in the New Zealand media industry for over 20 years. As a columnist and feature writer for the *NZ Herald* and a frequent contributor to broadcast media, Niki has written many thousands of words and talked for many hours. She's a sought-after speaker and has given two TEDx talks, the most recent in 2019 titled 'What social media is teaching us about life, health and food.' Photo Credit © Nikki Bezzant



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## WAWATA - MOON DREAMING: 30 DAYS AND NIGHTS GUIDED BY THE MĀORI MOON

**Dr Hinemoa Elder**

October 2022

Penguin New Zealand

240pp

Rights Held: World

**Dr Hinemoa Elder, author of *Aroha*, New Zealand's top-selling non-fiction title of 2021, shows us how to reclaim intimacy with others, with ourselves and with our planet using the energies of Hina, the Maori moon.**

Hina, the Maori moon goddess, has 30 different faces to help illuminate life's lessons - a different face and a different energy for each day of the month. And with her changing light, new insights are revealed.

This book gives us the chance to connect to the ancient wisdom of the old people, who reach forward into our lives, with each of the moon's names as their offerings. Their reminders are a source of strength in our strange modern world, where we have been stripped of much of the connection and relationships we need for our wellbeing through successive lockdowns. We now see just how important these things are!

This book leads you through a full cycle of the moon, to consider 30 aspects of life. And lessons we thought we had learned come back around with each month's cycle and remind us of deeper layers and blind spots. And when we do find a growing sense of place, a place of harmony, there is a sense of release. A new kind of freedom starts to emerge, soothing our modern-day pain and suffering.

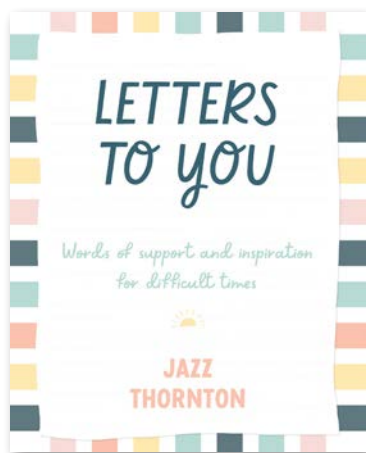
This book is designed to open up our moon dreams, for a deeper affectionate connection with ourselves and others.

### Sales Points

- *Aroha* has **sold over 40,000 copies** and continues to sell strongly well into its second year
- *Aroha* was published in the United Kingdom
- Strong contemporary female themes - the celebration of women's bodies, their cycles, fertility and sexuality
- Uses Maori tradition with a modern twist, and strong focus on resilience, relationships and intimacy



DR HINEMOA ELDER is of Ngati Kuri, Te Rarawa, Te Aupouri and Ngapuhi descent and is the mother of two adult children. She has lived on Waiheke Island for more than 20 years. She is a child and adolescent psychiatrist who has worked in Starship Hospital's Child & Family and Mother & Baby units and various community clinics. In 2019, Hinemoa was appointed a Member of the New Zealand Order of Merit for services to psychiatry and Maori. You can also find her on Instagram @drhinemoa. Photo Credit © Dr Hinemoa Elder



## LETTERS TO YOU

Jazz Thornton

March 2022

Penguin New Zealand

Hardcover – 224pp

Rights held: World

Rights Sold: China (Beijing Guangchen Culture Communication Co. Ltd)

**A beautiful gift book of letters to provide support, information, encouragement and tips for anyone suffering low moments.**

This book was designed to be read not just once, or in order, letter by letter, but to be used again and again as a tool when you encounter different emotions and experiences, to help you feel less alone.

It is based on something that helped Jazz Thornton on her own journey towards mental health. A good friend wrote her a set of letters, each in a separate labelled envelope. Every letter was specifically designed to help fight a particular feeling or situation, and Jazz read them all many times.

Following this model, in this book each chapter is in the form of a letter, and they cover a range of emotions and situations, including the following, and much more:

- To read when you are feeling anxious
- To read when you are feeling guilty
- To read when you are having suicidal thoughts
- To read when you are having trouble with food
- To read when you have the urge to self-harm
- To read when you are struggling to sleep

Also:

- To read if you are a parent
- To read if you have a friend who is struggling
- To read if you are afraid to see your doctor for help

Includes practical tips from a practising psychologist, a list of places to get help, and a toolbox of handy skills to use when in distress.

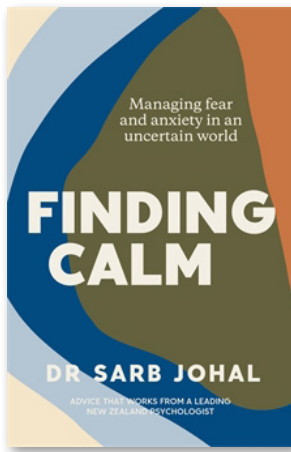
### Sales Points

- Jazz Thornton's two TikTok accounts (@jazzthornton\_ and @notjazzthornton) have a combined followers rate of 2.6million follers.
- Jazz spent 3 months in North America working with Kate Spade New York to address mental health stigma: <https://www.scoop.co.nz/stories/GE2201/S00068/young-new-zealand-er-of-the-year-jazz-thornton-joins-kate-spade-new-york.htm>



JAZZ THORNTON survived a childhood of abuse, depression and chronic suicidal thinking, and went on to have international influence in mental health and well-being, using her lived experience to help other young people. She has become a successful author (*Stop Surviving Start Fighting*), public speaker, award-winning web series director (*Jessica's Tree*) and international mental-health advocate. A movie about Jazz and the making of *Jessica's Tree*, called *The Girl on the Bridge*, was released in 2020. Jazz is also the co-founder, along with Genevieve Mora, of the organisation Voices of Hope, which aims to remove the stigma around mental illness, and to show that hope is real and recovery is possible. Jazz won the Young New Zealander of the Year award in 2021. Author photo © Maddie Graeme





## FINDING CALM: MANAGING FEAR AND ANXIETY IN AN UNCERTAIN WORLD

**Dr Sarb Johal**

February 2022

Penguin New Zealand

304pp (153mm x 234mm)

Rights Held: World

Rights Sold: **Portugal** (LeYa) and Estonia (Uhineud)

**We live in a troubled world - so many changes, so many uncertainties. This book gives a range of practical skills to help anyone come to terms with feelings of anxiety and learn to thrive.**

How do you deal with your anxieties and fears when there is so much uncertainty in our world? Are we safe from Covid, from climate change, from the changing demographics of our cities? Can we keep our children safe from on-line dangers? How can we tell truth from misinformation and fake news?

Dr Sarb Johal is an expert in emergency management and disaster psychology, and was called on to help develop the world-leading response to the threat of Covid-19 in his home country of New Zealand. The lessons, which we can all apply in our daily lives, are in this timely book.

Full of easy-to-follow, practical tools and tips, *Finding Calm* can help you get through any crisis or change of circumstance with your mental health intact. You'll learn how to deal with uncertainty; the psychological impact of empathy - both on ourselves when we offer it, and to those who receive it; along with practical ideas around introducing structure into your life and how this can help reduce stress and contain feelings of panic.

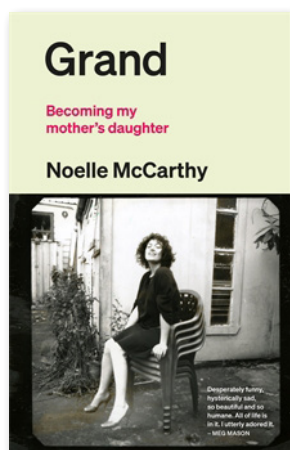
*Finding Calm* is for anyone wanting to strengthen their capacity to ride life's many ups and downs - with more steadiness, ease and a sense of groundedness.

### Sales Points

- *Finding Calm* covers a wide range of topics on areas where we all need to build resilience - and how to do it
- Includes material on how to cope better with online lives: how to deal with fake news and conspiracy theories, how to talk to loved ones about misinformation
- Practical tips on supporting younger generations - help for homeschooling, talking to kids about what they see on-line (including pornography), how to help your children cope in lockdown



DR SARB JOHAL is a clinical psychologist, consultant and commentator with 30 plus years of experience who brings a psychological lens to the light, the dark and the intriguing aspects of the human experience. His videos, blogs and podcasts turn complex psychological theory into simple tools for solving everyday problems, helping people and organisations navigate tough times with greater wellbeing and equilibrium. An expert on psychosocial recovery and disaster communication, Sarb has advised the UK and New Zealand governments and the World Health Organization through major national and international crises. He is the MC of TEDxWellington and a regular guest on RNZ National and other national and international media outlets. Sarb has a PhD from the School of Psychology at the University of Cardiff and a Doctorate in Clinical Psychology from University College London. He lives with his wife and young family in Wellington. Photo Credit © Sarb Johal



## GRAND: BECOMING MY MOTHER'S DAUGHTER

**Noelle McCarthy**

March 2022

Penguin New Zealand

272pp (135mm x 210mm)

Rights Held: ANZ + Translation

**'Derry Girls meets An Angel at My Table is an improbable combination. Yet here it is, and it is perfect. Desperately funny, hysterically sad, so beautiful and so humane. All of life is in it. I utterly adored it.'** – Meg Mason, author of *Sorrow and Bliss*

The astonishing debut memoir about mothers and daughters, drinking, birth and loss, running away and homecoming from prize-winning writer and broadcaster Noelle McCarthy.

Funny, charismatic and generous; angry, vicious and hurt; in pub lounges all over Cork City, Noelle McCarthy's mother Carol rages against her life and everything she's lost.

As soon as she can, Noelle runs away. All the way to New Zealand, to make a new, different kind of life. But then Mammy gets sick, and it's time to face everything that's waiting back home.

From Catholic Ireland in the '70s, '80s and '90s to sparkling Auckland in the first years of the new millennium, *Grand* is a story of the invisible ties that bind us, of bitter legacies handed down through the generations, and of the leap of faith it takes to change them.

### Pre-publication endorsements

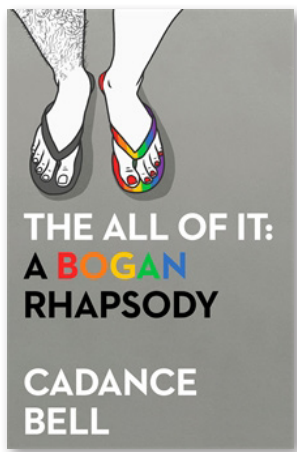
'In this stunning reckoning with demons, McCarthy's mammy, Carol, lands on the page with a hilarious, indelible, appalling vivacity, stealing every scene. The trajectory of their relationship – intense, literally tooth and claw, barely survivable – takes them, in the nick of time, to something fierce and unbreakable. *Grand* will have you reassessing the power of love; the deep and painful channels it can cut.' – Diana Wichtel, author of *Driving to Treblinka*

'A howl of anguish and love' – Steve Braunias, Literary editor, ReadingRoom

NOELLE MCCARTHY is an award-winning writer and broadcaster. "Buck Rabbit", her first foray into non-fiction, won the Short Memoir section of the Fish Publishing International Writing competition in 2020. Since 2017, she and her husband John Daniell have been making critically acclaimed podcasts as Bird of Paradise Productions. She has written columns, reviews, first-person essays and features for a wide range of media in New Zealand including Metro, The NZ Herald and Newsroom. In Ireland, she's provided commentary for radio and written for The Irish Times, The Independent and The Irish Examiner. With nearly twenty years' experience in radio, she is a go-to host at writer's festivals and has interviewed some of the world's most famous and well-respected storytellers, from Eleanor Catton to Marlon James, Margaret Atwood and James Cameron. She lives in the New Zealand countryside with her husband and their daughter, and she misses Irish chocolate. Photo Credit © Rebecca Zephyr Thomas







## THE ALL OF IT: A BOGAN RHAPSODY

**Cadance Bell**

July 2022

Viking Australia

448pp (153mm x 234mm)

Rights Held: World

### A heart-warming, heart-breaking and heart-stopping coming-of-gender memoir

Seven years ago, Ben was loveless, overweight, in debt and living in his parents' rumpus room, trying to find a way to quietly die. Days passed by in a haze of marijuana smoke and self-loathing.

Then, one day, Ben decided not to die. He decided to change *everything* - starting with the Ben bit. Becoming Cadance would be more than a gender transition. It would be a transition in every way. It would mean leaving behind a rural Mudgee childhood filled with Frogger, hot chips, Godliness and a forbidden love of Sarah Parker's My Little Pony; and the violence, drugs and secrecy that plagued her twenties. Choosing to live was just the beginning; what mattered was how she existed. She was going to experience *the all of it*.

Written with dazzling creativity and exuberance, *The All of It* is a wild coming-of-gender memoir like no other. Tender, tragic, hilarious and life-affirming, it will leave you understanding a little more about trans people, rural Australia, family, millennials and the beautiful contradictions of our kaleidoscopic world.

### Extract from *The All of It*

*I lay on the bed in the emergency department. Mum disappeared to offer her assistance to shift nurses who very much hadn't asked for it. To weigh me the staff pushed in a special set of bariatric scales. They had a ludicrously small plastic chair considering the only people who ever used them were morbidly obese patients.*

*"Please don't tell me the weight," I said.*

*The green cloth screen pulled back and a doctor appeared before me.*

*He explained that the clots in my legs were Deep Vein Thrombosis, that there were multiple of them, possibly the worst he'd seen and certainly the longest. The clots had broken off and gone into my lungs, which is why I was struggling to breathe. I'd passed out on the stairs from a lack of oxygen.*

*"You're lucky," he said. "I'd say you were about a week, maybe two, from having a brain stroke or dying."*

*"A week!" I said. "Damn it."*

*He straightened his gaze, fixed his doctory eyes firmly on mine. He watched closely for every subtlety in my reaction.*

*"Do you realise how serious this is, Ben? Do you want to live or not?"*

*I looked away from him, and thought about the question for a very long time. I was beyond the rubicon. My clotty secret was out. If I died, it would no longer come as a surprise to anyone; I'd lost my suicide screen.*

*He repeated his question.*

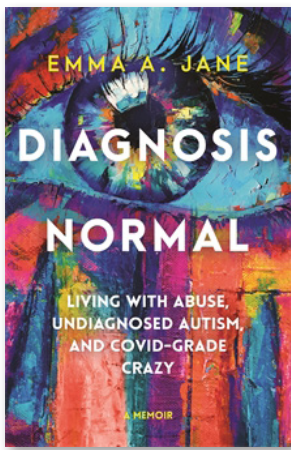
*The most important thing I've ever been asked.*

*"You do want to live, right?"*

*"Yes," I whispered. "I do."*



CADANCE BELL is a writer and emerging producer/director. She's the CEO & Co-founder of Wayflair, an entertainment company which unmakes prejudice with stories. In 2020 Wayflair was selected from over 60 companies into the final 6 for the Poplabs Social Impact incubator. She has a popular LGTBQIA+ blog – I Miss Pockets – which chronicles her transition shenanigans. Photo Credit © Cadance Bell



## DIAGNOSIS NORMAL: A MEMOIR OF UNSPEAKABLE THINGS

Emma Jane

March 2022

Ebury Australia

Trade paperback – 320pp

Rights held: World

**An incisive and darkly funny memoir from journalist turned academic Emma Jane, combining brilliant storytelling with rigorous research.**

Emma Jane has lived a thousand colourful lives. She escaped a small town and a traumatic childhood and forged a media career. She played in an all-girl band, married a rock star she hardly knew, had a baby, ditched journalism for academia, and changed her name from Emma Tom to Emma Jane. But all the while she was struggling with her mental health. Then, during the first COVID lockdown she was accidentally sectioned in a psychiatric ward. At the time she wasn't sure whether to be more embarrassed by the institutionalisation or the fact she'd forgotten to set her at-home eyebrow dye timer and looked like Groucho Marx. Given everyone suffered some sort of lockdown-related DIY body hair disaster, however, she decided to focus on her confinement, and when she was subsequently diagnosed with autism spectrum disorder, a number of things suddenly fell into place.

Emma writes candidly about the complex combination of autism, mental illness and childhood sexual abuse that led to her being the person she is, and explores the impact each has on so many others in society. Critically, by breaking the toxic silence surrounding sexual violence and mental illness, she raises the possibility of not just surviving them but thriving. As she writes: 'We need to speak unspeakable things. We need more un-pretty stories.'

This is a memoir about living through trauma, sexual abuse, mental illness, post-traumatic stress disorder and autism spectrum disorder. It touches on the hidden pandemic of mental illness caused by COVID, the impact of sexual abuse, societal conceptions of and attitudes towards mental illness, victim-blaming and misogyny, the insidious influence of social media, and many other things.

Emma's voice is distinct and original, and her savage commentary and often bitingly funny prose makes her accessible and relatable. This is a fresh take on the discussion of mental health and sexual abuse. You won't have read anything like it.

EMMA A. JANE (formerly published as Emma Tom) is an Associate Professor at UNSW Sydney. Her research specialties are diverse and include gender, misogyny on the internet, the future of work, and the social and ethical impacts of emerging technology. She has presented the findings of her research to the Australian Human Rights Commission, the Australian government's Workplace Gender Equality Agency, and the Festival of Dangerous Ideas at the Sydney Opera House. Prior to her career in academia, Emma spent nearly 25 years working in the print, broadcast, and electronic media. Over the course of her working life, she has received multiple awards and prizes for her scholarly work, her journalism, and her fiction. This is her eleventh book. On the weekends, she makes GIFs of her dogs, fools around with Excel macros, and reads books about how to read books by Wittgenstein. She really is quite the nerd. Photo Credit © Emma Jane





## THREE MINUTES WITH SPIRIT

Cael O'Donnell

May 2022

Ebury Australia

Trade paperback – 240pp

Rights held: World

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**‘Cael is amazing, so powerful, so vibrant.’ – Shaman Durek, author of bestselling title, *Spirit Hacking*  
A busy person’s guide to spirit, source and self.**

Cael’s psychic readings are booked out two years in advance and he now uses his rapidly growing TikTok account to share insights and lessons to help busy people bring spirituality into their lives. In *Three Minutes with Spirit*, Cael provides accessible and stylishly-packaged advice on popular topics within spirituality, structured around connecting with source, spirit and self.

*Three Minutes with Spirit* guides readers to spend a few minutes a day engaging in exercises around intuition, manifestation and meditation. Each chapter offers a three-minute exercise that will bring spiritual grounding and insight into even the busiest of days.

Cael also shares stories from his life, his upbringing in a Christian church, and childhood trauma while in foster care.

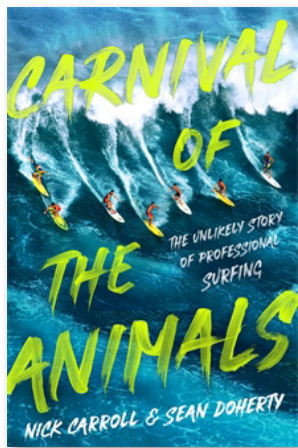
### Sales points

- Cael O'Donnell, is one of the most popular psychic mediums on TikTok, with close to 600k followers.
- Cael has a huge audience, both at home in Australia and abroad
- Cael has been endorsed by Shaman Durek, New York Times bestselling author
- There is a perennial interest in spirituality, which has only increased during the uncertainty of the past few years
- Following media requests, Cael has now signed with a US-based publicist.



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CAEL O'DONNELL is an Aboriginal Australian who grew up in Mildura. He discovered his gift of clairvoyancy in 2012 and worked as a counsellor for six years. He created his TikTok account in late 2019 and it has since grown exponentially, now numbering more than half a million followers. He shares inspiring posts daily. Photo Credit © Sarah Hyland



## THE CARNIVAL OF THE ANIMALS

**Nick Carroll and Sean Doherty**

November 2022

Ebury Australia

656pp (153mm x 234mm)

Rights Held: World

***The Carnival of the Animals* is a mad adventure spanning 50 years of astounding achievements, epic failures, rags-to-riches businesses, billionaire sugar daddies, dirty city beaches and tropical wonderlands.**

In the world of sport surfing is unique unique in that it never was a sport in the first place and for most surfers today, still isn't. Born from the Hawaiian love of the ocean - and their love of taking days off when the waves were good - surfing swiftly crossed the cultural membrane into the Western world, seducing generations of kids. To these kids surfing's appeal was simple: nobody owned the waves. No rules, no boundaries. It was total freedom.

Surfing might have seduced the West, but at the same time the very Western ideals of progress, commerce, rules and boundaries began working on surfing, and a group of surfers suddenly dreamed of something bigger - the idea of surfing as a sport and the intoxicating notion of going surfing for a living. And so evolved pro surfing and the world tour; a troupe of wave-hungry gypsies travelling the globe from Hawaii to Hainan, surfing well, behaving abominably.

It tells the story of surfers who saw a chance to turn their love of surfing into gold. Some succeeded beyond their wildest dreams, plenty didn't. This is the story of the champions, the train wrecks, and the champion train wrecks. For the first time, read their tales in their true context, the sweeping tale of a sport that never was and a sport that succeeded despite itself.



NICK CARROLL is the world's best known surf writer. He grew up surfing with his little brother Tom on Sydney's north side, won two Australian surfing titles, then turned to journalism, editing Australia's *Tracks* magazine and spending several years in California as editor-in-chief of *Western Empire*, publishers of the internationally distributed *Surfing Magazine*. More recently he has turned his hand to television, co-writing the ABC popular culture documentaries "Bombora" and "Wide Open Road". Photo Credit © Tom Carroll



SEAN DOHERTY has written about surfing for 25 years. He edited *Tracks* magazine for 10 years, was a senior writer at *Surfer* magazine for 15, and currently publishes and edits *Surfing World*. He's written best-selling biographies on Michael Peterson and Maroubra's Bra Boys and has worked extensively as a broadcast commentator and correspondent on the surfing world tour. He's currently Head of Editorial at Patagonia Australia, Chair of Surfrider Foundation Australia, and lives down the road from Bells Beach. Photo Credit © Sean Doherty

**SMART, STUPID AND SIXTY****Nigel Marsh**

August 2022

William Heinemann Australia

288pp (153mm x 234mm)

Rights Held: World

Twenty years ago, Nigel Marsh was an overweight mortgage slave struggling to balance a career, marriage and four children under eight. Until he lost his job.

In *Fat, Forty and Fired*, Nigel wrote about falling off the hamster wheel and surviving. Now that he's approaching sixty, he can't help but notice it's been a while since he was asked onto that wheel by other hamsters. One day he reads that a graduate trainee who used to work for him in London is now a global CEO with an office on the top floor of a skyscraper in New York. Nigel, by contrast, is wearing a dressing gown and sitting at his writing desk in a dank storage room under his garage in Sydney. It's enough to give anyone a moment of self-doubt.

Could it be that Nigel's most successful days are behind him? Or is conventional success simply that - *conventional* success? And is it possible that his happiest days lie ahead?

In his memoir for his sixth decade on earth, Nigel ponders ageing well, sex, parenting adult children, his parents' passing, and the secret to living a happy life. By turns entertaining, thought-provoking, poignant and life-affirming, *Smart, Stupid and Sixty* is a celebration of the third trimester as a privilege to be enjoyed rather than a sentence to be endured.

**Sales Points**

- Nigel's first book, *Fat, Forty and Fired*, sold more than **40,000 copies** in two formats and was published in United Kingdom (Piatkus), China and Korea.
- *Overworked and Underlaid* (2019) was published in Korea.
- Nigel is the co-founder of Earth Hour, the founder of the Sydney Skinny and the host of award-winning podcast *The Five Of My Life*.
- In *Smart, Stupid and Sixty* we see a more mature Nigel – he's learnt a lot – but he's still full of joy and laughter and trying to make sense of the world. The book is essentially a celebration of ageing.
- Nigel's TED talk on work-life balance remains the most viewed ever given outside of America with well over four million hits.



NIGEL MARSH has worked as a stand-up comedian and has written articles for the *Financial Times*, the *Sydney Morning Herald* and numerous advertising magazines. He lives in Clovelly with his wife, two sons and twin daughters. He is still enjoying life. Photo Credit © Nigel Marsh



**RISE UP: FINDING YOUR POWER TO THRIVE****Jelena Dokic and Amy Cooper**

August 2022

Viking Australia

320pp (153mm x 234mm)

Rights Held: World

Rights Sold Previous Title: *Unbreakable* - Czech Republic (Holcombe Books), Russia (Eskmo)**Finding your power to survive and thrive.**

*Unbreakable* was an unforgettable story of survival. *Rise Up* is about what happens next, after the villain has left the stage. It's about how you reclaim a life that was never your own. It's about the point where you decide whether to admit defeat, or find the strength to fight on. It's about choosing to live.

We rejoin Jelena as she confronts the aftermath of her struggles. After enforced retirement from her tennis career, she's in her darkest hour. Suicidal, suffering from PTSD and depression and haunted by memories of two decades of violence, she's a warrior on her knees, ready to admit defeat.

But not quite.

In her new battle, Jelena must push the boundaries of her bravery and discover new reserves of strength. This is not just a fight for survival - it's a journey to the heart of who she really is.

Adapting for the first time to a world outside elite tennis, she's starting from scratch. Without income, identity and family, she must create an entirely new life. But first, she must come to terms with the past.

*Rise Up* is an inspiring recovery story from one of our nation's most loved sportswomen. From despair to reflection to reinvention, Jelena's transformation will move and uplift you.

*Rise Up* is what happens when a brave woman vows to own both her past and her future. It's about finding yourself after being lost in the dark. It's about daring to reach for happiness - and finding it.

*Rise Up* shows that it can take as much courage to heal as it does to endure.

**JELENA DOKIC** was a prodigious tennis player who made the quarter-finals of Wimbledon at the age of just 16. She was heralded as Australia's greatest tennis hope since Evonne Goolagong. She had exceptional skills, a steely nerve and an unrivalled fight on the court. At 17 she reached the semi-finals at Wimbledon. By September 2000 she became an Olympian and finished fourth at the Sydney Games. By 18, she was in the world's top 10. By 19, she was world No.4, holding her own against Monica Seles, Martina Hingis and Lindsay Davenport. She was the world No.9 in doubles. She went on to win her first WTA singles title at the Rome Masters in May 2001. She was also a French Open doubles finalist the same year.

A shoulder and wrist injury prematurely finished her tennis career in 2013. One of the only female players to have won a WTA title on all four surfaces Jelena now spends her time mentoring young players. She has a vast amount of knowledge to share - her other career highlights include making her Fed Cup debut as a 15 year old - the youngest player ever - and winning both matches. She also won the Hopman Cup with Mark Philippoussis at 15. Photo Credit © Simon Upton



**BIG MOUTH****Matt Preston**

November 2022

Viking Australia

368pp (153mm x 234mm)

Rights Held: World

**This is a fresh, exciting, eccentric memoir from one of the food world's most beloved bon vivants.**

For a man who has been firmly in the public eye for the last decade or more, Matt Preston has been very, very quiet about his past and private life. There are reasons for this.

Now, in *Big Mouth*, Matt opens up to share his life totally for the first time – the good and the bad, the tragic and the ecstatic. Like the man himself, it's a story that's joyous, funny and larger than life. It's also, perhaps unexpectedly, filled with pathos, secrets and emotional depths.

From his fractured childhood and the tragic death of his younger brother, to adoption, heroin and relocating to the other side of the world to find love and success – eventually – with the biggest show in the history of Australian television, Matt writes frankly about it all.

It's all here: his disastrous time in the army, the world travels, the stars, the mystery illness that nearly cut short his TV career, moving on from the job that made him a household name, and, ultimately, the happiness that comes from acceptance.

Naturally, food weaves its way through Matt's story at every turn. His most memorable food experiences, from the exquisite and the excellent to the dreary and the dreadful, provide the starting point for each chapter and form the backdrop of a life well (and not so well) lived.

**Sales points**

- After being secretive about his personal life during his years in the spotlight, Matt is telling the good, the bad, the tragic and the ecstatic of his life story for the very first time.
- Think A. A. Gill's *Table Talk* mashed up with Anthony Bourdain's *Kitchen Confidential*, blended with Nigel Slater's wonderful memoir *Toast* and a good lashing of early 1980s soundtracks.
- Unsurprisingly for a food lover of Matt's ilk, food is a strong unifying thread. His evocative food writing features as sense memories from different life stages.
- Hordes of famous names – from royalty to foodie royalty – Matt knows seemingly everyone, and they all take a turn in this memoir. Matt Preston: the ultimate rock star of food.



MATT PRESTON is an award-winning food journalist, radio presenter and international television personality. Over 11 seasons on *MasterChef Australia*, Matt reached an audience of over 180 million people across 110 countries. Matt writes a weekly column for *Stellar* in the News Corp metro mastheads seen by over 4 million Australians every week. He is also a senior editor for *delicious* and *taste* magazines, and contributes to one of the world's most-read recipe websites, [taste.com.au](http://taste.com.au), with a monthly reach of 2 million food lovers. *Matt Preston's World of Flavour* is preceded by seven other bestselling cookbooks. Photo Credit © William Meppem



## SKIN DEEP

Phillipa McGuinness

March 2022

Vintage Australia

352pp

Rights held: World

**A book about skin, that wonderful thing that covers our body, acting as both barrier and receptor to life.**

This is a book about skin. The strange wonderfulness of our bodily covering. What happens to it when something goes wrong. How the world responds to imperfection and difference. It's about how skin makes us who we are.

Skin serves as a barrier between us, and the germs that would otherwise invade and destroy us. It regulates our temperature. Skin remains waterproof even while our entire epidermis replaces itself each month. The body's biggest organ even has its own sub-set of organs – sweat glands, sebaceous glands and hair follicles.

Primeval, sometimes mysterious forces drive skin-to-skin contact, but erotic desire is but one of many deep-seated urges that make us want to touch the skin of another. Touch is how we express love and affection as well as darker, violent emotions. Skin keeps the outside out and the inside in. You will intuitively compile information and judgements about a stranger based on their skin and the clothing that covers it. Skin shouldn't give you the measure of a person but we function as though it does.

Exploring beauty, ageing, imperfection, health and illness, all of which relate closely to skin. And interrogating whiteness, both historically, structurally and through current notions of white fragility and victimhood. Paradoxically, skin is a barrier and a point of contact. It is miraculous, our biggest organ.

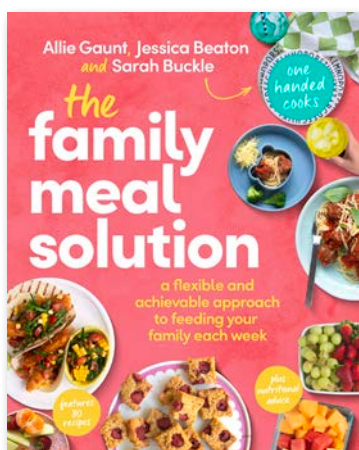
Phillipa McGuinness has interviewed plastic surgeons, dermatologists, burn survivors, beauticians, melanoma sufferers, people who suffer from body dysmorphias, victims and perpetrators of racism, and all kinds of people who are and are not comfortable in their own skin, to write a book where science meets art and culture, history and politics, and philosophy. Skin is the point where our self, and our self-perception, struggles with or embraces the way others see us, and the way we see ourselves.

### Sales points

- A lively read with chapters for all interests, and cultural criticism woven in
- Broad appeal, for younger and older readers alike. Will appeal particularly to readers of popular science and 'big ideas books' (in the vein of *Sapiens*)
- Something the pandemic has done is push everyone to look at their skin more often – on screens, on YouTube videos or in the mirror
- Includes discussions of race, privilege and disadvantage



PHILLIPA MCGUINNESS is the author of *The Year Everything Changed-2001*, shortlisted for the Queensland Literary Awards and the Adelaide Festival Awards for Literature, and the editor of *Copyfight*. She has written for *The Guardian*, the *Sydney Morning Herald*, *Griffith Review*, *Meanjin* and *Inside Story*. A former book publisher, she lives in Sydney. Photo Credit © Mel Koutchavlis



## THE FAMILY MEAL SOLUTION

**Allie Gaunt, Jessica Beaton and Sarah Buckle**

July 2022

Viking Australia

272pp

Rights Held: World

Rights Sold Previous Title: *One Handed Cooks* - Russia (Azbooka Publishers)

**Discover a new way to feed everyone that's designed for real, busy family lives.**

Wouldn't it be *amazing* to feel organised and inspired about the week's meals, and confident that family members big and small are getting the nourishment they need every day - all while not breaking the bank.

Is this too much to ask? The One Handed Cooks don't think so!

In their new meal-planning guide, Allie and Jess share the thoroughly-tested system and recipes that keep them feeling in control in their own busy lives and kitchens. It's one that's built on flexibility and the clever use of short pockets of time - *not* a radical overhaul, a strict meal plan and hours of meal prepping every Sunday when you'd rather be doing anything else.

Try these incremental and sustainable habit changes and you'll notice a big difference. The secrets lie in making the most of the freezer and slow cooker, prepping multiple meals during your time in the kitchen, being clever with leftovers and embracing fast meals.

There are 80 recipes, including six chapters dedicated to time-efficient dinners - with snacks, salads and desserts covered, too. And it wouldn't be a One Handed Cooks cookbook without their brilliant behavioural and nutritional advice to help you navigate your kids' developmental challenges around food, and the ingredient swaps to cater to all the common allergies and intolerances.

That's the meals for this week sorted - and the rest!



Formerly a professional nanny and advertising copywriter, ALLIE GAUNT, is the creator and co-director of the hugely successful One Handed Cooks blog..

JESSICA BEATON is an Accredited Practising Dietitian with a passion for starting solids and inspiring families to enjoy happy mealtimes and a healthy love of food. She is a co-director of One Handed Cooks.

Sarah Buckle is a co-director of One Handed Cooks, and the photographer and food stylist, capturing the enjoyment of childhoods and cherished food moments while showcasing simple wholesome food to perfection. Photo Credit © Monika Pronk





## PIC'S REALLY GOOD RECIPE BOOK

### Pic's and friends

October 2022

Penguin New Zealand

288pp

Rights Held: World

### Peanut Butter recipes from international influencers - all of them 'Picsters' - fans of Pic's Peanut Butter.

Recipes and more from beloved peanut butter brand, Pic's Peanut Butter. Featuring a range of tasty peanut butter-based recipes, both sweet and savoury from Picsters all over the world!

Interspersed between the recipes is the story of how Bruce 'Pic' Picot has built his peanut butter empire from the ground up.

#### Sales Points

- Pic's is a brand that attracts loyal customers
- Recipe contributors come from NZ, Australia and the UK, and all have their own followers - many of them with tens of thousands (eg, @healthyluxe, Sydney, 107k followers; @\_emilysworld, UK, 117,000 followers; @juls\_matthews, NZ, 28,000 followers)
- Design bright and attractive, and text with humour and interest
- There are peanut-butter-nutters everywhere who love to use it as a cooking ingredient.



PIC'S PEANUT BUTTER is the market leading peanut butter in New Zealand, ranks as the most engaging FMCG brand on Instagram in New Zealand and has just topped New Zealand's Brand Reputation Index. They also proudly export to Australia (Woolworths & Coles), the UK (Tesco) and China (TMall). The Pic's family is over 100,000 'Picsters' strong on social media. Photo Credit © Bruce 'Pic' Picot





## THE QUEEN'S WIFE

**Joanne Drayton**

January 2023

Penguin New Zealand

400pp (153mm x 234mm)

Rights Held: World

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### Funny, honest and amazingly wide-ranging.

A hilarious, insightful, multi-faceted memoir of a turbulent time - and a chess game that broke all the rules.

Two married women, each with two children, happen to meet when they return to university. They instantly hit it off, but little do they know that their new relationship will turn their lives upside-down.

This is the story of that relationship, which threatened to cost them their children, families and friends and forced them to reassess their sexuality, identity and heritage. Along the way, one - an acclaimed biographer - was to explore the power of objects, while the other - a painter - was to follow her whakapapa back to the first Maori king, Te Wherowhero.

With a shared love for art and creativity, the couple's new life together became rich in laughter, travel, unusual encounters, investigations into Viking raids, the Kingitanga movement, the death of a New Zealand artist, chicken claws, ghosts, eccentrics and much more. A fascinating read on so many levels, this is an important view of our country from its very edge.

### Sales Points

- *The Queen's Wife* is full of humour, insight and love and tells a moving human story while exploring at objects, much like *The Hare With Amber Eyes*.
- Revisiting historical events dating back to the Vikings and the first Maori King.
- Exploring the ways objects carry cultural memory, nostalgia and longing.

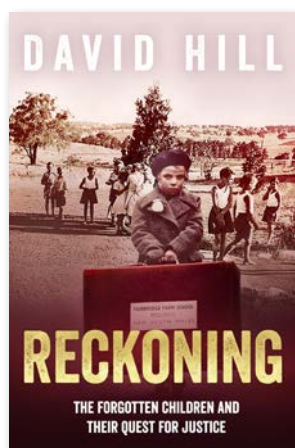
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JOANNE DRAYTON is an acclaimed New Zealand author whose output is globally recognised. Her book *Hudson & Halls: The Food of Love* was the winner of the Royal Society Te Aparangi Award for General Non-Fiction at the Ockham New Zealand Book Awards in May 2019.

Joanne's *The Search for Anne Perry* was numbered in the top 10 non-fiction books on the *New York Times* BESTSELLER list. It was a finalist in the prestigious New Zealand Book Awards in August 2013 and it was the subject of a *60 Minutes* programme. Both *The Search for Anne Perry* and *Hudson & Halls: The Food of Love* have been optioned for feature films.

In 2007, she was awarded a National Library Fellowship, and in 2017 the prestigious Logan Fellowship at the Carey Institute in Upstate New York. Photo Credit © Joanne Drayton





## RECKONING: THE FORGOTTEN CHILDREN AND THEIR QUEST FOR JUSTICE

David Hill

March 2022

William Heinemann Australia

Trade paperback – 384pp

Rights held: World

### How David Hill and the other Forgotten Children took on the institutions that tried to break them – and won.

In 1959 David Hill's mother, a poor single parent living in England, reluctantly decided to send her sons to Fairbridge Farm School in Australia where, she was led to believe, they would have a good education and a better life. David was lucky – his mother was able to follow him out to Australia. For most children, the reality was shockingly different. From 1938 to 1974 thousands of parents were persuaded to sign over legal guardianship of their children to Fairbridge to solve the problem of child poverty in Britain, while populating the colony. Physical and sexual abuse was common. Food was often inedible, and the education standard was appalling.

David Hill's *The Forgotten Children* (2008) told the story of the lives of the Fairbridge children, from the bizarre luxury of the voyage out to Australia to the harsh reality of the first days there and the struggle that defined life after leaving. *The Forgotten Children* raised huge awareness and became a catalyst in the quest for justice that resulted in a \$24m compensation award for the Fairbridge children.

*Reckoning: The Forgotten Children and their Quest for Justice* is David's powerful follow-up, suitable for those who haven't read *The Forgotten Children* as well as those who have. It is the story of how the Fairbridge children took on the institutions that abused and exploited them, and won. It covers the extensive legal action that has taken place since 2008, in both Australia and the UK. *Reckoning* will include a colour insert section.

### Sales points

- An extraordinary cast of characters including Queen Elizabeth II, The Queen Mother, Prince Charles, Teresa May, King Edward VIII, Geoffrey Robertson, Gordon Brown, Julia Gillard and Kevin Rudd
- *The Forgotten Children* has sold over 36k copies in Australia alone and was published in the UK
- The fight for acknowledgment and recompense is more relevant now than it was in 2008
- David is very well connected with the media, and deeply passionate about this story

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DAVID HILL was born in Eastbourne, England in 1946 and migrated to Australia with his two brothers, followed by his mother, under the Fairbridge Farm school scheme in 1959. He left school at 15 and later matriculated from East Sydney Technical College before completing an economics degree at Sydney University in 1968. From 1969-70 he was an economics tutor at the university, whilst completing a Master of Economics degree. During his remarkable career, David Hill has been chairman then managing director of the Australian Broadcasting Corporation; chairman of the Australian Football Association; chief executive of the State Rail Authority; chairman of Sydney Water Corporation; and chairman of CREATE (an organisation representing Australian children in institutional care). He has also held a number of other executive appointments in the areas of sport, transport, broadcasting, fiscal management and city parks. In 2006 he was awarded a Diploma of Arts with merit in classical archaeology from Sydney University. He is an honorary associate at the Sydney University departments of archaeology, classics and ancient history, and a visiting fellow at the University of New South Wales. Since 2011 he has been the manager of an archaeological study of the ancient Greek city of Troizen. He has for many years been a leading figure in the international campaign to have the Parthenon sculptures returned from the British Museum to Greece. Photo Credit © David Hill





## SO FAR, FOR NOW

Fiona Kidman

April 2022

Random House NZ Vintage

Trade paperback – 304pp

Rights held: World

**On journeys, widowhood and stories that are never over –  
an autobiography from the great Fiona Kidman.**

Evocative, wry and thought-provoking, a journey with one of New Zealand's finest writers.

It is a little over a decade since Fiona Kidman wrote her last volume of memoir. But her story did not end on its last page. Her life since has been busier than ever, filled with significant changes, new writing and fascinating journeys. From being a grandmother to becoming a widow, from the suitcase-existence of book festivals to researching the lives and deaths of Jean Batten and Albert Black, she has found herself in new territory and viewed the familiar with fresh eyes. She takes us with her to Paris and Pike River, to Banff, Belfast and Bangkok, searching for houses in Hanoi and Hawera, reliving her past in Waipu and experiencing a new stint in Otago.

These locations and experiences – among others – have shaped Fiona's recent years, and in this lively book she shares the insights she has picked up along the way.

Fiona Kidman's early stories about New Zealand women's experiences scandalised readers with their vivid depictions of the heartbreaks and joys of desire, illicit liaisons and unconventional love. Her writing made her a feminist icon in the early 1980s, and she has since continued to tell the realities of women's lives, her books resonating with many readers over the years and across the world.

### Sales points

- In 2019, Dame Fiona Kidman's book *This Mortal Boy* won the Acorn Foundation Prize, the Booklovers Award, the Heritage Award and the Ngaio Marsh Award, and she has been awarded numerous other awards across her career
- Kidman's fiction has been published in the United Kingdom, France and Germany.
- Kidman's stories have often been compared to those of Alice Munro
- Kidman was appointed a Dame in acknowledgment of her contribution to literature



DAME FIONA KIDMAN has published over 30 books, including novels, poetry, non-fiction and a play. The *New Zealand Listener* wrote: 'In her craft and her storytelling and in her compassionate gutsy tough expression of female experience, she is the best we have.' She has been the recipient of numerous awards and fellowships. Her novel *This Mortal Boy* won the 2019 Ockham New Zealand Book Awards Acorn Foundation Fiction Prize, the NZ Booklovers Award, the NZSA Heritage Book Award for Fiction and the Ngaio Marsh Crime Writing Award for Best Novel. Kidman was made a Dame (DNZM) in 1998 in recognition of her contribution to literature, and more recently a Chevalier de l'Ordre des Arts et des Lettres and a Chevalier of the French Legion of Honour. 'We cannot talk about writing in New Zealand without acknowledging her,' wrote *New Zealand Books*. 'Kidman's accessible prose and the way she shows (mainly) women grappling to escape from restricting social pressures has guaranteed her a permanent place in our fiction.' Photo Credit © Random House New Zealand



## A LOAD OF BULL

**Amanda King**

August 2022

Penguin New Zealand

224pp

Rights Held: World

**A stunning photographic book recording the extraordinary beauty of farm animals - cattle to be precise!**

Photography started off as a favourite hobby - a way to capture unique split-second scenes and make them last a lifetime. Her business really began when she decided to create a large wall print for her own living room. An opportunity arose to photograph a stunning highland cow. The resulting animal print became the focal point of the room and friends started requesting similar pieces.

This inspired her to head out and take photos of other rural animals. That led to a 'hobby' Facebook page. Unexpectedly, and very quickly, people started to respond to the images. Before too long, and much to her delight, Amanda found herself with a full-time business on her hands - 'By the Horns'

In this book she has collected her favourite prints and tells the stories of these animals, their personalities, and how the shoot day went. As you may imagine, it's not always entirely straightforward!

### Sales Points

- Stunning animal portraits by an established photographer
- This is a wonderful collection of Amanda's work for her followers and new readers
- Amanda's photography business By the Horns does more than animal photographs with her landscape and floral photographs just as popular: <https://bythehorns.co.nz/>
- By the Horns has been featured in Otago Daily Times: <https://www.odt.co.nz/star-news/star-districts/star-mid-canterbury/amanda-takes-photo-project-horns>

#### SKIPPY

Little Wiggie the Angus Calf was born a twin. She was so tiny and her mum had abandoned her. She was found extremely weak, cold and shivering when my husband picked her up in the paddock. My first job was to get her warm and to build trust. To be honest, there was one small hope for her. However, she fought on, each day getting stronger and stronger. Skippy is still very small, and I think she will remain this way, but she makes up for it with her character. I love her crazy hair, her underbite jaw and most of all, I love her smile. She will certainly be my forever pet and has a permanent spot next to our house.



AMANDA KING lives on a farm in Canterbury, New Zealand, and in between cooking for shearing gangs, and looking after her two small children, she runs a successful photographic print business online, called By the Horns. Her art prints are incredibly popular and sell all over the world. Photo credit © Amanda King



# ABOUT THE ADULT PUBLISHING TEAMS

## PENGUIN RANDOM HOUSE AUSTRALIA



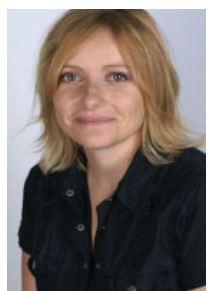
Justin Ractliffe  
Publishing Director

Justin Ractliffe is the Publishing Director at Penguin Random House Australia. His previous role was Managing Director of Hachette Australia and he has held a variety of senior executive roles across publishing. Australian authors he has worked with include Geraldine Brooks, Shaun Tan, Maggie Beer, Peter FitzSimons and Michael Robotham. He is the recipient of the 2019 Copyright Agency's Cultural Fund Publisher Fellowship and published his report 'Instinct, Input and Insight: Reader-centricity in publishing' in October of that year.



Nikki Christer  
Publisher at Large

Nikki Christer is Publisher at Large at Penguin Random House Australia. Authors she works with include Peter Carey, Tim Winton, Anna Funder, Richard Flanagan, Elliot Perlman, Chloe Hooper, Stephanie Alexander and Evie Wyld. In 2014, Richard Flanagan's *The Narrow Road to the Deep North* won the Man Booker Prize. Nikki also sits on the board of the Sydney Writers' Festival.



Beverley Cousins  
Publisher, Commercial Fiction

Before moving to Australia with her family in 2007, Beverley Cousins had twenty years of experience in London publishing (first for Pan Macmillan and then Penguin Books UK). Following a year's secondment with Penguin Australia, she moved to Random House Australia as Fiction Publisher. During her career she has published a number of brand-name authors, including Minette Walters, Colin Dexter and Janet Evanovich, and currently looks after bestselling authors Judy Nunn, Loretta Hill, Deborah Rodriguez, Nicole Alexander, Candice Fox and M.L. Stedman, among others.



Meredith Curnow  
Publisher, Literary Fiction

Meredith Curnow is a literary publisher working across Knopf, Vintage and Hamish Hamilton, publishing fiction and non-fiction. The authors she is delighted to work with include Thomas Keneally, Julia Gillard and Ngozi Okonjo-Iweala, Yassmin Abdel-Magied, Philipp Meyer, David Malouf, Kate Forsyth, Tara June Winch and Kathy Lette. Meredith is involved in a number of fellowship programs. She is also a member of the board of youth arts organisation Express Media.



Alison Urquhart  
Publisher, Non-Fiction

Alison Urquhart is a commercial non-fiction publisher. Before joining Penguin Random House, Alison was Associate Publisher, Non-Fiction at HarperCollins Australia. She has also worked as a literary agent, both in Britain and Australia. Alison broadly publishes across the areas of history, military history, sport, true crime, memoir and biography. She publishes many bestselling authors, including Jesse Fink and Turia Pitt, and highly acclaimed historians Paul Ham, Mike Carlton and Garry Linnell.





## PENGUIN RANDOM HOUSE AUSTRALIA CONTINUED



Ali Watts

**Publisher, Commercial Fiction and Commercial Non-Fiction**

Ali Watts is a publisher of commercial fiction and select non-fiction, publishing into our Penguin and Michael Joseph imprints. With over twenty-five years' experience at Penguin, she has worked with some of Australia's most beloved and successful writers and personalities. She has a particular passion for commercial fiction, and her internationally bestselling authors include Monica McInerney, Fiona McIntosh, Katherine Scholes, Megan Goldin, Josephine Moon and Kyle Perry.



Sophie Ambrose

**Publisher, Non-Fiction**

Sophie Ambrose moved to Australia from England in 1998 and joined Penguin Books Australia. In 2002 she moved to Random House Australia as a Senior Editor, then Managing Editor, Commissioning Editor and now Publisher. In her various roles she has worked with some of Penguin Random House's biggest authors across all genres. She currently focuses on memoirs, parenting books, gift books and self-help.



Isabelle Yates

**Head of Penguin Publishing Lab**

Having previously worked at Penguin Random House UK, Izzy has been commissioning non-fiction at Penguin Random House Australia for over five years. Her areas of interest are pop culture, health and wellbeing, self-help and personal development, lifestyle and cookery. She is always on the lookout for inspiring books with a valuable application to real life, and runs the Penguin Publishing Lab which focuses on books informed by consumer insight and trends. Izzy's authors include Professor Valter Longo, plant-based nutritionist Simon Hill, comedian Nat's What I Reckon and the creators of the hit podcast Shameless, Michelle Andrews and Zara McDonald.



Brandon VanOver

**Commissioning Editor**

Brandon VanOver moved from Curtis Brown in the US to Random House Australia in 2004, starting as Editorial Assistant and eventually becoming a Senior Editor and then the Managing Editor at Penguin Random House Australia. After a time as Associate Publisher, Non-Fiction, at Simon & Schuster Australia, Brandon returned to PRH in 2020 as a Commissioning Editor, focusing on narrative non-fiction, memoir, sport, popular culture, history, true crime and humour.



## PENGUIN RANDOM HOUSE NEW ZEALAND



Claire Murdoch  
Head of Publishing

As Head of Publishing, Claire Murdoch directs the Penguin Random House New Zealand list across non-fiction, fiction and children's books. With broad experience in the Australian and New Zealand book trade, including roles at Allen & Unwin, Te Papa Press and PRH, her books have won dozens of awards. Claire has particular expertise in illustrated non-fiction and art books, Maori books, popular culture, biography and memoir. Her authors include Chelsea Winter, Ruby Jones and Kyle Mewburn.



Harriet Allan  
Publisher, Fiction

Harriet Allan has been working for Penguin Random House and its earlier incarnations for over thirty years. She publishes many of New Zealand's pre-eminent writers, including Fiona Kidman, Owen Marshall, Witi Ihimaera and Charlotte Grimshaw, among numerous others who regularly feature on the New Zealand bestseller list. Over the years her authors have won the New Zealand Book Awards, the Montana Book Awards, the New Zealand Post Awards and the Best First Book in the Commonwealth Writers Prize, and several have been shortlisted for the prestigious Frank O'Connor Award. She publishes both literary and commercial fiction under the imprints of Penguin, Vintage and Black Swan. She also publishes Young Adult fiction.



Margaret Sinclair  
Publisher, General Non-Fiction

Margaret Sinclair commissions general trade non-fiction titles, including cookbooks, lifestyle, health and wellbeing, heartland and parenting titles. She also works with a range of organisations including charities, schools and corporates to produce professional and attractive books for and about them. She has worked for several publishers in New Zealand and the UK over the last thirty years, including Heinemann Educational, Macmillan, Fodor's and Random House.